**Patient Name:** OLIVA, KATYA

**Date of Birth:** 10/02/1965

**Date of Service:** 05/17/2022

**History of Present Illness:**  
The patient is seen here for Orthopedic follow up evaluation of right shoulder pain. Patient has been doing PT 1x a week.

The patient has improving right shoulder pain rated at 4-5/10 with 10 being the worst. Pain is associated with numbness to \_\_\_\_\_. Pain increases with movement.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
Vitamin D, Motrin.

**Allergies:**  
No known drug allergies

**Social History:**  
Patient is a smoker and nondrinker.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 2 inches tall, weighs 180 pounds.  
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert, and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. There was no effusion. No crepitus was present. No atrophy was present. Hawkins, drop arm, and apprehension tests were negative. Range of motion: Abduction 160 degrees (180 degrees normal), forward flexion 160 degrees (180 degrees normal), internal rotation 20 degrees (80 degrees normal), external rotation 40 degrees(90 degrees normal).

**Diagnostic Imaging:**  
10/04/2021 - MRI of the right shoulder reveals AC joint arthrosis with joint effusion. Supraspinatus tendinopathy and fraying with ill-defined articular tear within the fraying proximal to the insertion. Fraying and tear of superior labrum. Biceps tendinopathy with tenosynovitis. Capsular thickening which can be seen with adhesive capsulitis. Glenohumeral joint effusion.

**Assessment and Plan:**  
Diagnosis: Status post rotator cuff repair.  
Plan: PT, \_\_\_\_\_, return to work, massage, \_\_\_\_\_

The patient’s Right Shoulder was examined   
MRI of the Right Shoulder was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 50% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**